



Dear Heart Leader,

I am honored to serve as the founder/CEO and Chief Heart Leader of Lead My Heart (LMH), an executive coaching and consulting company that is dedicated to helping leaders achieve their full potential. It's my business to bring you the best of life coaching, leadership development, and consulting together for indelible and transformative results. I believe that leadership is a divine appointment and assignment, and I am passionate about equipping leaders to fulfill their purpose and live an aligned, balanced, and chill life. You will find that belief is the beginning of what differentiates me from other executive coaches and consultants.

I've been a leader and disruptor to status-quo since I was in pre-school, and everyone who knows me knows I am a force to be reckoned with. I know God made me to equip and empower leaders in a unique way. My purpose is my anchor. I believe that aside from knowing how much Jesus loves you, knowing your purpose is the second most powerful revelation you will ever have. I live and lead with purpose, passion, and power, and that is what I desire for every executive I work with.

I am an atypical coach who renders atypical results. From researcher to international educator to ordained minister, my well-rounded background has provided me a distinctive set of skills to serve my clients uniquely well. Lead My Heart is my heart for leadership and life. Thank you for giving me the opportunity to share my heart with you. God bless you, your family, and all of your endeavors!

Blessinas.

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about us.

Lead My Heart (LMH) is an executive coaching and consulting company that equips executives and their teams to live and lead with purpose, passion, and power. Our unique approach focuses on personal disciplines, leadership development, and Christian discipleship to help leaders acquire the skills and mindsets necessary for success and maximum impact in both their personal and professional life. We're ready to help you take your leadership to the next level.

mission.

Our mission is to equip executives and executive teams to live and lead with purpose, passion, and power.

vision.

Our vision is to be a premier and all-inclusive company that holistically supports executives and executive teams.



as seen on.















care for the leader's heart.

Lead My Heart focuses on the innermost aspect of spiritual beings: the heart. We believe that a leader's inner life shapes their outer actions and decisions, and that by addressing the heart, we can empower leaders to live and lead with purpose, passion, and power. Our approach is holistic, addressing not just the professional but also personal and spiritual aspects of leadership. We use a combination of data-driven research, experience, and biblical teachings to help leaders align their hearts with their divine purpose, find balance in their personal and professional lives, and develop the discipline and self-awareness necessary to lead effectively.





we stand out.

Purpose-Driven

We start with helping executives to identify their divine purpose and then work on aligning their life with purpose as the anchor, unlike other EC programs that only focus on the mission of organizations.

3D Focus

All of our programs target three areas of growth: disciplines, development, and discipleship, where as other EC programs focus on professional development only.

12D Wellness*

We take a holistic approach to wellness with our comprehensive 12D wellness assessment, whereas other EC programs just focus on physical, mental, or emotional wellness.

• Pertains to one-to-one executive coaching only

Christian

We provide a faith-based program that includes data-supported strategies and biblical teachings, unlike other EC programs that are completely secular.

The ABCs of Fulfillment

We teach our clients how to live a fulfilling life that is as simple as ABC: align, balance, and chill. Other EC programs may tell you should live a fulfilling life, but can't tell you how. We do!

Customizable

We provide original content and unique strategies to help you achieve your goals. Unlike other rigid EC programs, we will grow with you to meet your needs.

An Atypical Coach

Have you met Dr. Mercer? If so, then you know why we stand out from other EC programs. She's intelligent, talented, in love with Jesus, and passionate about her work. <u>Learn more</u>.

Executive Team Coaching

We not only work with executives, we also work with executive teams. Unlike other EC programs that only focus on the individual, we understand that an executive is only as successful as their team.

live and lead with purpose.

LEAD MY HEART

what we do.



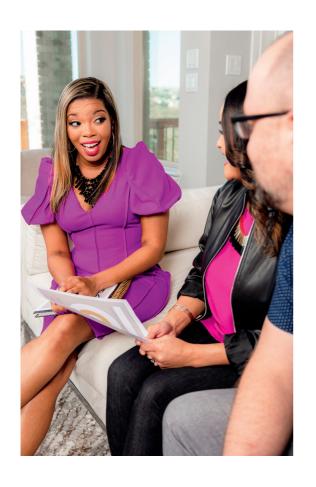
executive coaching.

LMH's 1:1 executive coaching programs provide personalized and focused attention to executives, entrepreneurs, or high-potential leaders looking to develop their skills, grow their businesses, and reach their full potential. In these individual sessions, leaders work with Dr. Mercer to gain clarity, set goals, and develop strategies to achieve success both personally and professionally. Through a combination of guidance, support, and accountability, LMH's coaching empowers leaders to become the best version of themselves and make a lasting impact on their organizations and the world. Click the link to get started.





what we do.



executive team coaching.

LMH's executive team coaching is designed to support the unique needs and goals of executive teams, such as C-Suite executives, advisory boards, board of directors, or departmental teams. Dr. Mercer works with teams to help them develop stronger communication skills, build trust, and improve their overall performance as a unit. By integrating a holistic approach that includes research, experience, and biblical teachings, LMH helps executive teams become more cohesive, aligned, effective in their leadership roles. Whether your team is facing a specific challenge or looking to enhance their overall leadership capabilities, LMH can help. Click the link to get started.





what we do.

motivational or instructional speaking.

LMH offers motivational speaking and seminar facilitating services that are designed to inspire and empower audiences. Whether it's a keynote speech, workshop, or seminar, Dr. Mercer uses dynamic presentations, interactive activities, and thought-provoking discussions to deliver meaningful and lasting impact. With our seminar facilitating services, LMH can help you design and execute an engaging and effective event that aligns with your goals and meets the needs of your audience. Whether you're looking to inspire, educate, or motivate your team, LMH's motivational and instructional speaking services can help you achieve your objectives.

lead my heart, not my mind.

LEAD MY HEART



popular topics.

- The Call & Commission
- Good Shepherds
- How to Thrive in Change: The 3 A's
- Spiritual Leadership: The First Leadership Theory
- Leadership is 3D
- It's a H.E.A.R.T. Thing
- The Call to L.E.A.D.
- The ABC's to Living a Fulfilling Life
- How to Live and Lead On Brand
- Spiritual Discourse: Community & Communication
- Leading Change
- The Ministry of Excellence
- Spiritual Followership
- 11 Mindsets of Effective Leaders
- The Jewel of Life



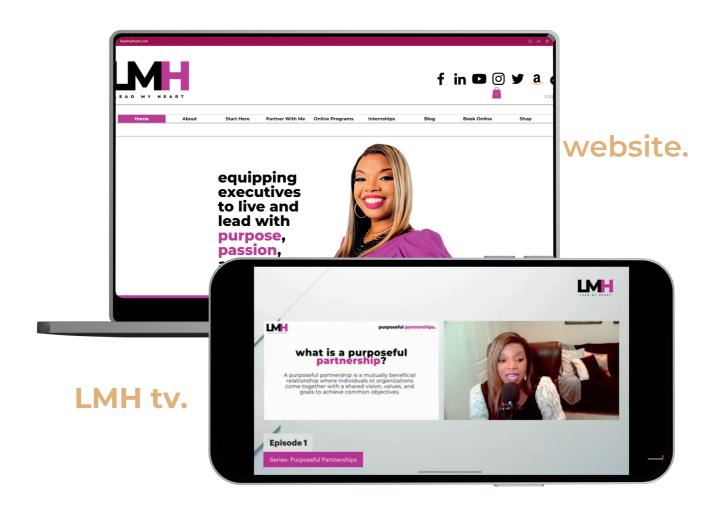


LMH is right for you if you are...

- Ready for change and willing to do the challenging, yet rewarding work that transformation requires.
- Ready to take your leadership and personal development to the next level.
- An executive, entrepreneur, or high-potential leader who is passionate about your work and committed to making a positive impact in your organization and community.
- Open to new ideas and willing to take a holistic approach to leadership development, including the integration of your faith, values, and your personal and professional goals.
- Looking for a coach who can provide you with a unique perspective, combining academic research, life experience, and spiritual guidance to support you in achieving your full potential.
- Looking for someone who can be a accountability partner and a sounding board as you navigate through challenges and opportunities in your professional and personal life.

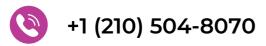
Stat you? Let's partner!

learn more.



let's connect.

follow us.

















San Antonio, Texas, USA

